

QMUSU presents
**WELCOME
TO QMU**
2023





A BIG HELLO!

FROM YOUR STUDENT PRESIDENTS,
JAY BROWN AND LOUISE FORD

This guide will tell you everything
you need to know about upcoming
FRESHERS' EVENTS and much more!

Follow us on Facebook and Instagram to start
meeting other students and find out what is going on
at QMUSU!



www.qmusu.org.uk

WELCOME TO QMU

As a QMU student you are automatically a member of the Students' Union (SU) and we want you to make the most of this.

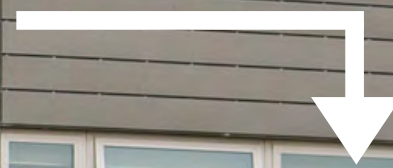
You may think the SU is just a bar, but at QMU it's way more than that. While we do have a great bar & café (more on that later), the SU is actually a student-led and student centred registered charity. We work hard to ensure that students have the best university experience whilst studying at QMU. Starting uni can be overwhelming but we are here to help!

We offer advice and support, enhance the student experience, and ensure your student voice is heard across the University and wider community. There are a number of ways to get involved with the union - we have 37 sports teams and societies so you can join a team or society (or start a new one), attend our events, become a Class Rep or get involved with committees and forums we run to collect student feedback.

You'll find more information throughout this guide.

We hope to see you soon on campus!
The SU Team

YOU CAN FIND US HERE



YOUR STUDENT LIFE,
YOUR STUDENTS' UNION.

WE ARE HERE FOR **ALL** STUDENTS.

If you have any questions or concerns,
get in touch!

We usually work
MON-FRI 9AM-5PM



We are above Maggie's Bar & Café



Click **here** to book an appointment with us



Email us at **union@qmu.ac.uk**

MEET YOUR OFFICERS

The Students' Union is the body that represents all QMU Students. It is led by your President - Academic Life and President - Student Activities and six part-time Officers who are all studying whilst carrying out their role as student representatives. All Officers are elected by students and they are here for YOU!



Jay Brown (he/him)
PRESIDENT - ACADEMIC LIFE

Hiya, and welcome to QMU!

I'm Jay, your President - Academic Life for this year. My main job is to ensure that student needs and concerns are being held at the centre of all things academic! I'm here to represent you on different boards and committees where important university-based decisions are made, ensuring that all of our students' voices are being heard.

If you ever have any questions, or just want a wee informal chat, please don't hesitate to get in touch either in person, via email, or through my social media!

jbrown3@qmu.ac.uk



Jay QMUSU



jay.qmusupres



Louise Ford (she/her)
PRESIDENT - STUDENT ACTIVITIES

Hey Freshers!

I'm Lou, your elected President - Student Activities 2023/24. My job is to support all students at QMU, particularly those within sports and societies.

University life is all about learning, making friends and having fun. Joining a sport or society is the best way to do this and will enhance your overall experience whilst studying.

I look forward to getting to know all of you over the year ahead, if you see me around, please come and say hi!

lford@qmu.ac.uk



Louise QMUSU



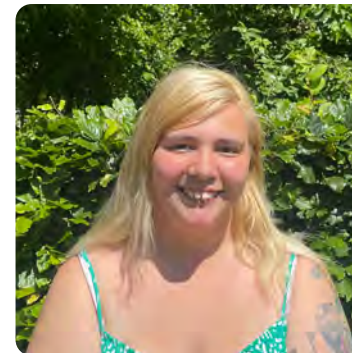
louise.qmusupres



Lucas Paxton (he/him)
EQUALITY & DIVERSITY OFFICER



lucas_qmued



Charly Grant (she/her)
EVENTS OFFICER



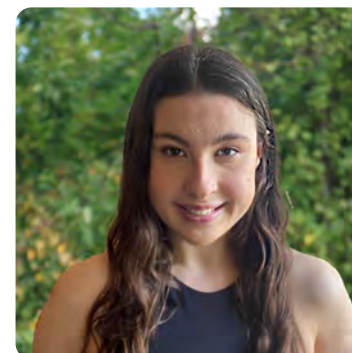
charly_eventsofficer



Steph Hume (she/her)
SOCIETIES OFFICER



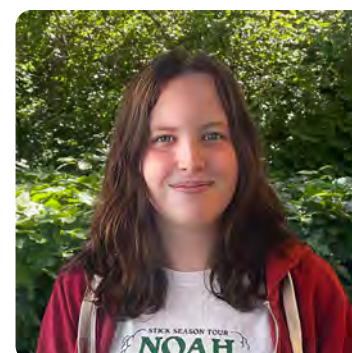
steph_societiesofficer



Ruth Lawlor (she/her)
SPORTS OFFICER



ruthsportsofficer



Hannah McIndoe (she/her)
WELFARE OFFICER



hannah_welfare_officer

"We want to ensure that students are always at the centre of university life, their views can be heard and they have access to appropriate welfare and support services."

Find out more at
www.qmusu.org.uk
or email
suofficers@qmu.ac.uk

YOUR VOICE

The main purpose of the Students' Union is to represent the students of QMU. As soon as you matriculate you're automatically a member of the Students' Union and there are lots of things that you can do as a member.

Whether you want to be a Class Rep, join a sport or society or simply make a suggestion to make QMU a better place to study, we want to support you, so get in touch!

BECOME A CLASS REP

Class Reps are the first point of contact for any issue with your course. They are ordinary students, just like you, who make a difference. They talk to their classmates, think through issues that are raised, work with staff to find and implement solutions, and feed back these changes to their peers.

Interested? Recruitment normally takes place in the first few weeks of Semester 1. Speak to your programme leader or visit www.qmusu.org.uk/class-reps to find out more.

STUDENT FORUMS

Share your views at one of our two representative forums, Academic Council and Campus Life Forum. Each group meets at least once per semester to discuss relevant issues and listen to feedback which will influence SU activities, campaigns and decision-making.

STAND FOR ELECTIONS

Want to be part of something bigger? Be an Officer for QMU students! Standing for a full-time or part-time position is a great way of gaining experience while having a direct influence on enhancing QMU's student journey.

Elections are normally held in March. More information will be available on www.qmusu.org.uk/your-voice

VOTE IN ELECTIONS

Have your say and vote for who you want to represent your views. The President - Academic Life, President - Student Activities and Officers' Committee are elected every year by the student body, ensuring that the SU is always student-led.

"The Class Rep position is very important and can have a big impact on the course."

SUPPORT & ADVICE

NEED HELP? COME TO THE HELP ZONE!

University life can be very exciting but can also be very stressful.

Academic pressures, financial difficulties, accommodation issues, health problems and other personal worries can all make the transition to university a difficult one. As you're in a new environment, dealing with lots of information can also make adjusting to life at university more challenging.

Confidential and non-judgmental, the **Help Zone** is here to listen to your concerns and help you deal with any university or welfare related issues. We are specialists in supporting students going through Academic Appeals, Disciplinarys, Fitness to Practice, Extenuating Circumstances and Complaints. If we can't help you, we'll direct you to somebody who can. We would encourage students to also make use of the resources available to them via Canvas.



A partnership between **Hey Girls** and the SU means that QMU students can now access a range of single-use sustainable products or reusable period products on campus for free! You can find them at the HelpZone, in the Students' Union.

"The support received gave me the strength to cope with the situation."



Your Help Zone is also a **C:Card** point! C:Card is a free condom service provided in conjunction with NHS Lothian. The service also provides femidoms and lube.

It's completely confidential and once you have your *C:Card*, you can return as many times as you want! So why wait to get yours?

If you can't get to campus but you live in the EH postcode, you can also get condoms delivered by post. <https://www.ccard.org.uk/free-condoms-by-post/>

To book an appointment for the HelpZone:
www.qmu.ac.uk/subbooking
for general enquiries:
helpzone@qmu.ac.uk

SPORTS & SOCIETIES

Sports & Societies are led by the elected President - Student Activities and range from high performance sports such as football, rugby, and badminton, to popular activities like musical theatre and yoga. The opportunities that Sports and Societies can offer are endless.

We have had representation from our sports teams at national and international levels, and our societies have produced theatre in some of the best venues and events in town including the well-known Edinburgh Fringe Festival.

Anybody is welcome to join any sport or society; you can even create your own. Studies have proven that involvement in sports and societies helps potential future employers see key skills and characteristics, including leadership, teamwork, dedication, and determination. So, taking part in a sport or society can also benefit your CV and your employability. The sports and societies on offer at the Students' Union give you the opportunity to meet like-minded people who have similar interests to you. Together you can dance, compete, sing, act, debate, create campaigns, volunteer, fundraise and so much more.

In addition, if you are active in an individual sport that is not on offer at QMU, we'll do our best to find competitions and tournaments for you to represent QMU. We even have some funding available which you can apply for to help with travel costs and entry fees.

For more information
contact your
President - Student Activities
lford@qmu.ac.uk



SPORTS

Badminton
Basketball (M)
Basketball (W)
Cheerleading
Dance
Football (M)
Football (W)
Gaelic Football (M)
Gaelic Football (W)
Hockey (W)
Netball
Rugby (M)
Rugby (W)
Running & Cycling
Volleyball

INSTAGRAM

qmu_badminton
qmu_mensbasketball
qmuwomensbasketball
qmusapphires
qmundance
qmumensfootball
qmuwomensfootball
qmu_mensgaa
qmu_gaa
qmuhockey
qmu_netball
qmu_rugby
qmuwomensrugby
qmurunningcycling
qmuvolleyball



SOCIETIES

Bad Arts Appreciation
Chillout
Christian Union
Costume
Drama
Film
Food Pantry
Gaming
LGBT+
Literature
Marketing
Music
Musical Theatre
Muslim Society
Occupational Therapy
Physiotherapy
Podiatry
PsychSoc
Speech & Language Therapy
Tabletop
Techno
Yoga

INSTAGRAM

qmu_barta_society
qmu.chillout.society
qmu_christianunion
qmu_costume_society
qmdramasociety
filmsocietyqmu
qmufoodpantry
monarchsesports
qmulgbtsociety
qmuliteraturesociety
qmuarketingsoc
qmunmusic
qmunmusicaltheatre
qmunmuslimsociety
otsoc_qmu
qmuphysiosociety
qmuipodiatrysociety
psychsocqmu
qmusltsociety
qmu_tabletop_society
qmts.events
qmuyoga

JOINING SPORTS & SOCIETIES

MEMBERSHIP OPENS ON OUR WEBSITE ON TUE 12 SEP

Joining a Sport or a Society is easy. You can join online. Here's how:

1. Head to our website at www.qmusu.org.uk and sign up by using your university email address (remember to look out for a confirmation email and follow the instructions). Once you've signed up you can log in using your university email address and password.
2. Go to [Your Sports & Societies](#).
3. You can search for a specific Sport or Society if you know the name, look at either the Sports or Societies listings or view all of them to get an idea of what's on offer.
4. Once you've found the team or society you'd like to join, click on their page and scroll down to find out which type of affiliation you'll need, then click on the affiliation link which will take you to the relevant affiliation page. **You will need to buy affiliation first** as this unlocks the ability to purchase membership. Once you've purchased the affiliation you can go back and buy membership for the team or society you want to join.
5. Read the information to ensure you've found the right one and then click [Join this group](#).
6. Fill in the details requested and submit. Even if membership for a specific sports team or society is free, you must still complete the checkout process as this will add you to their membership list, allowing the committee running the club to know you're officially a part of their society/team.
7. Complete the checkout process to pay for membership and affiliation*. *you must pay SU membership and affiliation when you join a club or society. If you join more than one you just pay once for the highest level of affiliation cover required.
8. Congratulations, you're now part of QMU S&S!

Look out for the S&S events
with details of fixtures, training
and meetings on our calendar
www.qmusu.org.uk

Joma

official kit supplier to



Queen Margaret
University
EDINBURGH

POWERED BY



TEAMWEAR

Our NEW kit sponsor is
JOMA.

They design our sport
kits and leisurewear.

If you want to have
Queen Margaret
University branded
clothing then check
out **FN TEAMWEAR**
website and grab your
hoody today!



CLICK to buy
your **official**
QMU hoody &
sportswear!

LGBTQ+ INFO

The Students' Union is a safe and inclusive environment where you can meet and connect with other members of the LGBTQ+ community and discover places to hang out in Edinburgh.

LGBT+ Society Contact information

PRESIDENT

Roux Hanna (he/him) 21003440@qmu.ac.uk

VICE PRESIDENT

Josh Reilly (he/him) 21003901@qmu.ac.uk

TREASURER

Eilidh Brodie (she/they) 22001311@qmu.ac.uk

SOCIAL SECRETARY

Kennedy Brown (she/they) 21001666@qmu.ac.uk



@qmulgbtsociety

ONLINE ORGANISATIONS

Stonewall Scotland

<https://www.stonewallscotland.org.uk>

Support individuals to work out how they can make a difference for LGBT people at work, home and in their communities

LGBT Health and Wellbeing

<https://www.lgbthealth.org.uk>

Online safe space for LGBT+ people in Scotland that provides support services, social events, and resources to improve health, wellbeing, and equality

LGBT Youth Scotland

<https://www.lgbtyouth.org.uk>

Advice, information, and digital support services for young LGBT+ people living in Scotland

Scottish Bi Network

<http://www.scottishbinet.org>

Provides resources and online support to raise bi+ visibility and increase awareness of the issues the bi+ community faces

Equality Network

<https://www.equality-network.org>

Charity that works for LGBT+ equality and human rights in Scotland and provides education and support

Scottish Trans Alliance

<https://www.scottishtrans.org>

The Equality Network project to improve gender identity and gender reassignment equality, rights and inclusion in Scotland offering support and education

Waverley Care

<https://www.waverleycare.org>

Support and education around sexual health in the LGBT+ community aiming to end stigma

SX Scot

<https://s-x.scot>

Part of Waverly Care aiming to be sex positive and to improve the physical, sexual and mental health and wellbeing of all men who have sex with men

STAY SAFE

Starting Uni is an exciting time - meeting new people, exploring a new city and living independently. You should enjoy this as much as you can, but also keep yourself safe, especially in these challenging times. Staying safe during your first few weeks (and the rest of the year) is a mixture of preparation and common sense.

Here are some useful tips...

Before you go out

- Know where you're going.
- How you're getting home.
- Take enough money for what you want to do and to get you home.
- Charge your phone before you go out – keep a note of a couple numbers of close friends, family or taxi companies in your wallet/purse, just in case.
- If you're planning to drink, eat something that will fill you up before you go out and remember to drink water throughout the night.
- Always carry hand sanitiser and a condom with you – because you never know!

When you're out

- Friends are important – stick together and look after each other.
- Your drink is your drink – always keep it with you and only accept drinks from people you know and trust.
- Drink what you want to drink – if you prefer lemonade to gin, drink lemonade!
- Get to know your limits – it doesn't matter if your flatmate can down 10 drinks in a row – if you can't do that, don't do that.
- Whatever you're doing, "No" means "No" – don't be pressured into anything you're not comfortable with and respect other people's boundaries.
- Get home safe – with friends, in a taxi, or on public transport, and stay in well populated and well lit areas if you're walking.

The SU HelpZone offers a **C:Card service**, providing free condoms and dams as well as advice and support. If you can't get to campus, but you live in the EH postcode, you can get condoms by post
www.ccard.org.uk/free-condoms-by-post/

The HelpZone is open Mon-Fri 9am-5pm or you can contact
helpzone@qmu.ac.uk



QMU is dedicated to creating a low emissions campus and we encourage sustainable travel wherever possible. Here are some environmentally friendly ways of getting to campus.

WALKING

QMU is a 25 minute walk from Musselburgh Highstreet and is well served by cycle and walking routes 1 and 76.



Wellness Walks

Free 1hour Walks

Come along to our award winning Wellness Walks

Meet by the bench at the sport centre for a 1hour leisurely walk in the local area. Meet new people, take a break from study and explore your new town.

Email: wellbeing@qmu.ac.uk

CYCLING

QMU is well connected to the route 1 and 76 cycle paths taking you to the city centre and Dunbar respectively. There are secured bike sheds available for storage by the accommodation blocks.

Cycle Connections Bike Hire:

Semester hire (inc. helmet, lock and lights)	£40
Summer hire (inc. helmet, lock and lights)	£25

Visit Cycle Connections social media or email: cycleconnections@qmu.ac.uk

TRAIN SERVICES

Musselburgh Train station is less than 100m from campus. It provides hourly services to Edinburgh (6 minutes) or North Berwick (25 minutes).

Newcraighall Station is a 15 minute walk from QMU and has services to Tweedbank.

Visit the Scotrail website for information on discounts.



Remember you can take your bike on the train.


BUS SERVICES

The Lothian bus services 4, 30 and 106 all stop on campus. Services 46 and 48 stop on Whitehill Farm Road, a short walk from campus. There are also Park&Ride services at Newcraighall.

If you are under 22 and have a Young Scot or NEC card you can travel for FREE on buses in Scotland.


Service	Frequency	Route	Single/Tap Cap
4	Every 20 mins	Fairmilehead - QMU	£2.00 / £4.80
30	Every 10 mins	Clovenstone - QMU	£2.00 / £4.80
46	Every 30 mins	Rosewell - Musselburgh	£2.00 / £4.80
48	Every 30mins	Gorebridge - Musselburgh	£2.00 / £4.80
106	Every 60 mins	Dunbar/Haddington - QMU	£2.00 / £4.80


Buses have altered timings on evenings and weekends. Stay up to date with the Lothian Buses App, My Trip App or the GoSustran App.




TapTapCap

Capped adult travel across the entire Lothian network

 Convenient - use contactless cards, Apple Pay or Google Pay

 Capped - we work out the best adult fare for your journeys

 Contact-free - no need to worry about carrying cash



CYCLE CONNECTIONS

MAGGIE'S
BAR & CAFE

OPEN: MON - SUN



Maggies Bar & Cafe is the social hub of your students Union. Open to everyone whether you're looking for a place to chill with friends or just to grab some food, indoor or outdoor sitting area.

FULL BREAKFAST AT HALF PRICE EVERY FRIDAY, SATURDAY AND SUNDAY ALL SEPTEMBER!

WHAT WE ARE KNOWN FOR:

- Food Cooked Fresh to Order
- Barista Made Coffee with Fabulous Grumpy Mule Beans
- A Well Stocked Bar With All Your Favourites
- Delicious Cocktails and Refreshing Soft drinks
- and of course upbeat and fun tunes! You can also add your faves to the queue

THIS IS THE PLACE TO BE ON CAMPUS



Fuel on
CAMPUS

1 Download on the App Store

2 LOCATION CODE **4534**

NEW APP ALERT

3 Enjoy 50% OFF

First Order while ordering through the App



MAGGIESBARANDCAFE

#diverse #delicious



"1875 is our Campus Canteen (we prefer to be called Restaurant 'cause our food's that good!)"



1875

Open: Mon - Fri

What we offer:

- Fresh and Healthy meals that are ready to go when you are!
- New meals daily, so you never get bored
- Delicious Deli bar and Salad bar to build your own!
- Wide range of dietary options with a focus on plant and protein options.

Fresher's September Deals!

20% discount on all meals every Tuesday and Thursday

&

Free soft drink with any main meal on Mondays and Wednesdays

Starbucks
Open: Mon - Fri



Our Starbucks Queen

Don't be scared if she knows your order before you arrive!

What can be found at Starbucks:

- The classic hot and cold Starbucks drinks
- Pastries
- Sandwiches (and more) and Bottled drinks
- Sweets and Crisps

Try one of our famous scones for only 50p with any large coffee during September



ASHLEY



QMUFOOD



ONLINECATERING@QMU.AC.UK

YOUR OFFICERS' TOP TIPS



Hannah - Under 22s living in Scotland get free buses with a Young Scot NEC card.



Jay - Go at your own pace! Everyone settles in differently.



Lou - Make sure to ask shops and restaurants if they do student discount.



Ruth - Try out a new sport during Give it a Go week!



Lucas - Organisation is key! Especially during term time.



Charly - Don't be afraid to reach out to other students and student reps for support!



Steph - Look after yourself during Freshers and term time!

**GUIDANCE AND
SUPPORT AVAILABLE
ABOVE MAGGIE'S
HELPZONE@QMU.AC.UK**

Academic
Appeal

Extenuating
Circumstances

Disciplinary

Complaints

Fitness to Practise

Confidential and non-judgmental, the HelpZone is an advice service available in your Students' Union.



EVENTS INFORMATION

Welcome to your events sections! This includes all the social events taking place as we welcome our new students to QMU and welcome returning students back to campus.

Please note that events may be subject to change and may need to be booked in advance. More information on this will be available nearer the time so keep checking our **Facebook** and **Instagram** pages to make sure you stay up to date.

*** BOOKING IN ADVANCE IS RECOMMENDED FOR SOME EVENTS.**

**TICKETS FOR ALL TICKETABLE EVENTS CAN BE PURCHASED
FROM THE 1ST OF AUGUST ON QMUSUEVENTS.NATIVE.FM**

*** PLEASE NOTE THAT ALL TICKETS ARE NON-REFUNDABLE**

FRI 1 SEP

SPEED FRIENDING

The fastest way to make new friends with people across campus, courses & nationalities. We provide the questions - all you need to do is enjoy meeting new people.

 6:00-7:30pm

 **theTent**

SH*T SHIRT WELCOME BBQ

Put on your sh*ttiest shirt and join us at the Tent for a welcome BBQ.
Spaces are limited so pre-booking is recommended. **£3.50**

 7:30-9:00pm

 **theTent**

SAT 2 SEP

SPEED FRIENDING

The fastest way to make new friends with people across campus, courses & nationalities. We provide the questions - all you need to do is enjoy meeting new people.


 5:30-7:00pm

 **theTent**

SUN 3 SEP

YOGA

Join us in The Tent for a student yoga class. Suitable for all levels including beginners. Mats can be provided.
Spaces are limited so pre-booking is recommended. **£1**

 2:00-3:00pm

 **theTent**

SNACK & RELAX

Chill out and meet up with fellow freshers. Snacks and drinks will be available.

🕒 3:30-5:30pm



MARDI GRAS PARTY

Get ready to unleash your wild side and experience the ultimate Mardi Gras extravaganza on campus! You can showcase your most colourful outfit. Shimmering feathers and sparkling sequins optional at this unmissable Freshers' night. Under 18s welcome. Booking recommended. £6 in advance or £7 on the door

🕒 8:00pm-1:00am

📍 Maggie's

MON 4 SEP

SU DROP-IN

The SU Team will be in The Tent with free tea and cakes available for a chat about anything & everything. This is a drop in so just pop along if you're around.

🕒 1:30-4:30pm



TEN PIN BOWLING

Strike up the excitement with a smashing game of bowling! Coach travel to and from the event will be provided. Coach leaves campus at 7:15pm and returns at 10:15pm. Spaces are limited so pre-booking required. £10 (including transport)

🕒 Meet from 6:30pm in Maggie's

📍 Maggie's

MOVIE NIGHT

Grab your popcorn and snuggle up at our summer evening movie night in Maggie's. Vote for your fave film the day before on QMUSU insta. £1.50

🕒 7:30-10:30pm

📍 Maggie's

TUE 5 SEP

COOL CREATURES

A unique opportunity to meet some unusual animals and creatures really up close. It might be a meerkat, a snake or a tegu, so don't miss it! Spaces are limited so pre-booking is recommended.

🕒 2:30-4:15pm Session 1: 2:30-3:15pm
Session 2: 3:30-4:15pm



EDINBURGH'S DARK PAST

Uncover the dark secrets of Edinburgh in this walking tour that will take you through its narrow alleyways whilst recalling some bone-chilling tales and ghost stories of the city. Spaces are limited so pre-booking required. £10.00 + train fare

🕒 Meet at 6:00pm in Maggie's
Tour: 7:00-9:00pm

📍 Meet in Maggie's (6:00pm) or outside the Witchery Restaurant (6:45pm)

WED 6 SEP

STUDENT OPPORTUNITIES DAY

Come & see what opportunities there are for YOU as a QMU student. From Careers to Peer Mentors, from Effective Learning Service to Food Pantry there is a wealth of information available!

🕒 11:00am-3:00pm



WINE TIME

Join us for a free glass of wine and a great opportunity to meet other **Direct Entrant, Mature and Postgraduate Students**. The Bar will be open after the event so you can buy a drink and keep the fun going.

 4:30-6:30pm




LOVE WEDNESDAYS

Love Wednesdays has been the OFFICIAL partner for QMU students for the last six years and is Scotland’s BIGGEST Wednesday night, hosted at the award winning Why Not Nightclub. Since opening the doors back in 2015 Love Wednesdays has quickly established itself as the biggest midweek night out in the country. Love enjoys an exclusive partnership with 3 of the 4 major Universities in Edinburgh. Expect regular special events and some of the best DJs in the country playing at Love every week.

Over 18s only. £5 cash or £5.50 card.

 8:00-9:45pm Meet in Maggie’s to catch the train or 10:00pm-3:00am at WHYNNot

 Why Not

THU 7 SEP

THERAPETS

We love dogs at the SU and spending time with them has proven to be very therapeutic. Come along and chill out with them today.

Book your 15 minutes slot on native.

 12:30-2:00pm



CEILIDH

A big Scottish party! Join your fellow revellers for a night of traditional Scottish dance and music. Don’t worry about the steps, we’ll teach you.

Booking recommended. £6 in advance or £7 on the door


 7:30-11:00pm

 1875 (Uni canteen)

FRI 8 SEP

MUSIC BINGO

At QMU we don’t just do normal bingo, we do music bingo! Eyes down from 7:30pm and test your music knowledge. Who knows... we may end the night with karaoke.

 7:30-11:00pm

 Maggie’s

SAT 9 SEP

WALK TO FORT KINNAIRD

Fancy a walk? Join your Student President Louise and fellow Freshers for a gentle stroll and a chat on the way to Fort Kinnaird to check out shops, restaurants and the cinema.

 12:00pm

 Meet in Maggie’s

SUN 10 SEP

LOCAL AREA CLEAN UP

Join us in creating a cleaner, greener community at our local clean up event. Equipment will be provided.

 10:30am-1:00pm

 Meet in Maggie’s

YOGA

Join us in The Tent for a student yoga class. Suitable for all levels including beginners. Mats can be provided. Spaces are limited so pre-booking is recommended. **£1**

 2:00-3:00pm



MON 11 SEP

FRESHERS' FAIR

Discover what's on offer in and around Edinburgh and kick start your university journey. A good opportunity to grab some freebies as well!

🕒 11:00am-3:00pm

📍 theTent

TUE 12 SEP

SPORTS & SOCIETIES FAIR

Calling all students! Embrace new adventures and discover your hidden talents at the Sports & Societies Fair that will kick off our week-long Give it a Go activities.

🕒 11:00am-1:00pm & 2:00-4:00pm

📍 theTent



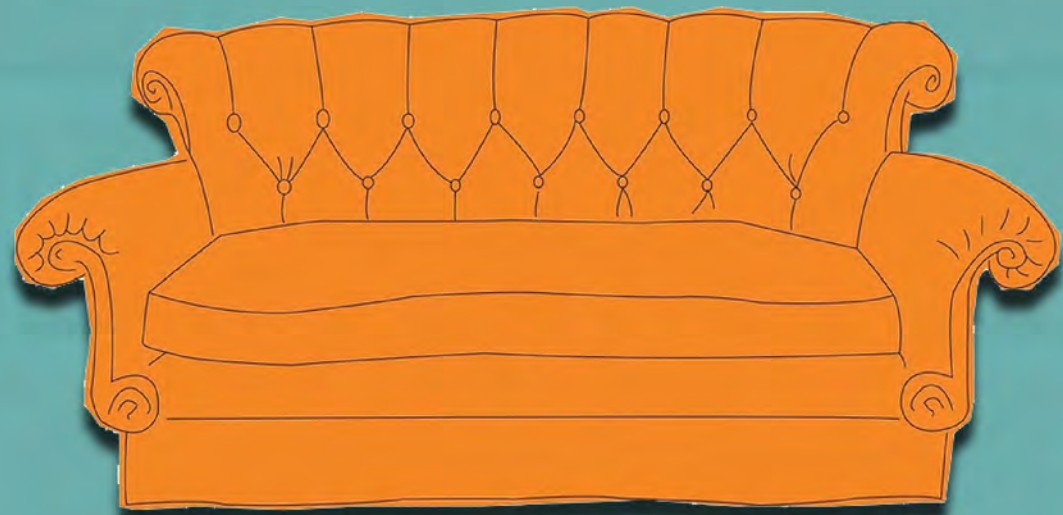
WHAT WILL YOU TRY THIS YEAR?

GIVE IT A GO WEEK
STARTING ON THE 12TH OF SEP



S.P.E.E.D F.R.I.E.N.D.I.N.G

Like speed dating, but with friends!



FRI
1 SEP
6:00 - 7:30 PM

SAT
2 SEP
5:30 - 7:00 PM

FREE



**SH*T
SHIRT**

Welcome

BBOQ



scan to book

FRI 1 SEP
7:30-9pm
THE TENT
entry £3.50

**BOOKING
RECOMMENDED**

BOOKING
RECOMMENDED



YOGA

Classes

SUN 3 SEP | SUN 11 SEP

2-3PM | 2-3PM

THE TENT - £1



SCAN TO BOOK



SCAN TO BOOK

Suitable for all levels.

Bring your own mat if you have one (limited mats available)

f QMUSU
i QMUSU

THE STUDENTS' UNION
QUEEN MARGARET UNIVERSITY
EDINBURGH
qmusu.org.uk

BOOKING
RECOMMENDED



QMUSU PRESENTS

MARDI GRAS

PARTY



SCAN TO BOOK

SUNDAY 3 SEPTEMBER
8PM-1AM, MAGGIE'S
£6 IN ADVANCE, £7 ON THE DOOR
under 18s welcome

f QMUSU
i QMUSU

THE STUDENTS' UNION
QUEEN MARGARET UNIVERSITY
EDINBURGH
qmusu.org.uk

STUDENTS' Union DROP IN

Pop into the Tent to say hello to your SU Officers and staff. They'll have cakes & the answers to any questions you have.

MONDAY 4 SEPTEMBER
1:30-4:30PM
IN THE TENT

FREE

**BOOKING
REQUIRED**

Bowling
MON 4 SEP

meet from 6:30pm in Maggie's

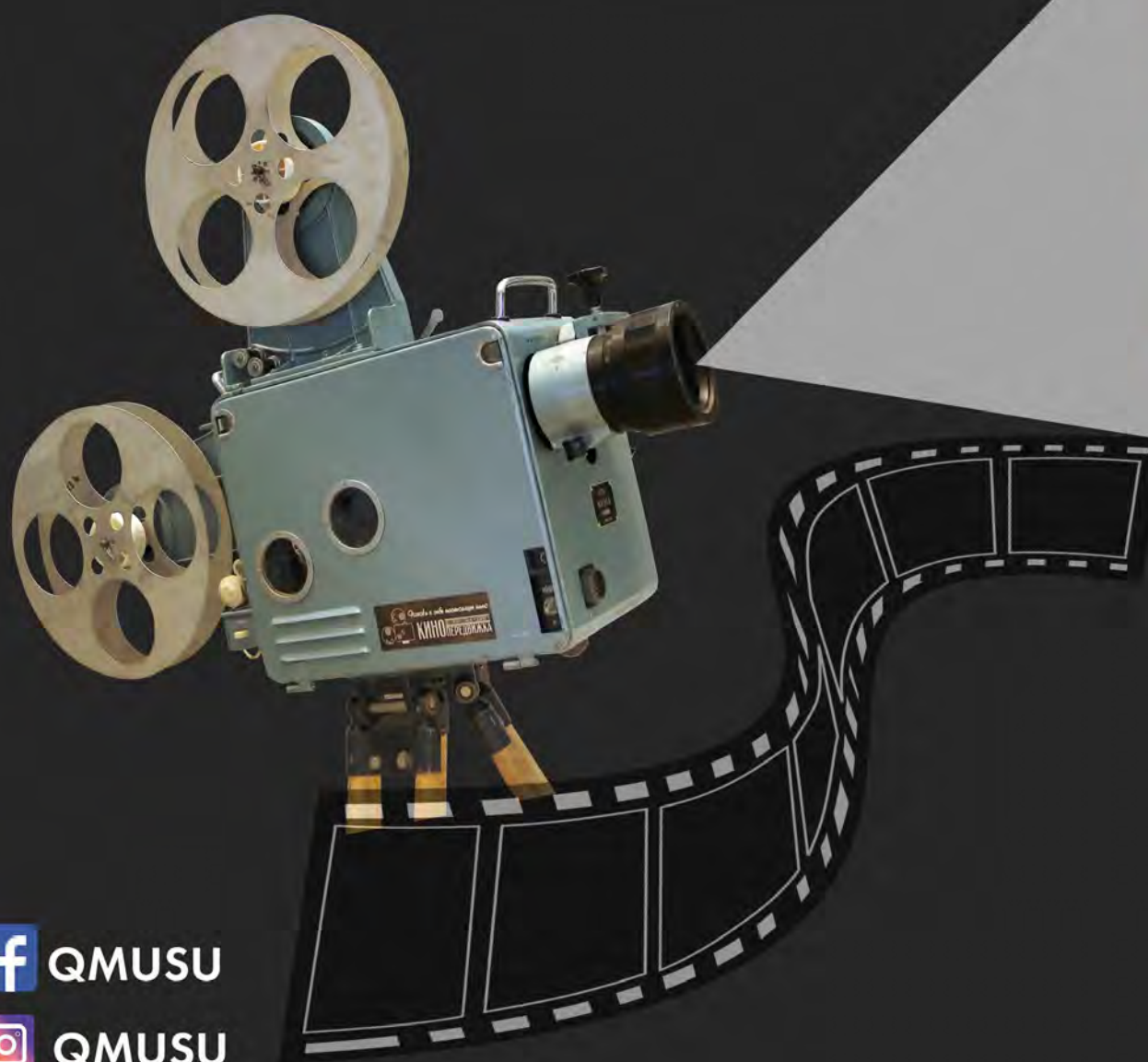
£10 INCLUDING TRAVEL



SCAN TO BOOK

MOVIE NIGHT

Select the movie via our Instagram poll, relax and enjoy!



MON 4 SEP
7:30-10:30PM
MAGGIE'S
ENTRY £1.50

Come and meet our

COOL CREATURES



Tue 5 Sep
2:30-4:15pm
the Tent

book your slot on native



SCAN TO BOOK



BOOKING
REQUIRED

EDINBURGH'S DARK PAST

Tue 5 Sep
6:00-9:00pm

Meet outside Maggie's at 6:00pm sharp
£10 + train fare



SCAN TO BOOK

STUDENT OPPORTUNITIES FAIR

FREE

Join us and find out more about...

STUDENT SUPPORT

EMPLOYABILITY

SUSTAINABILITY

CYCLING

STUDENTS' UNION

... AND MORE


WED 6 SEP
11AM-3:00PM
THE TENT

Post Grad?
Mature Student?
Direct Entrant?
This event is for you!

**WINE
TIME**

**WED 6 SEP
4:30-6:30 PM
THE TENT**

 QMUSU

 QMUSU

FREE




THE STUDENTS' UNION
QUEEN MARGARET UNIVERSITY
EDINBURGH
qmusu.org.uk

MEET THE THERAPETS

Come and meet some lovely dogs

**BOOKING
REQUIRED**

**THU 7 SEP
12:30-2:00PM**

THE TENT

BOOK YOUR 15 MINS SLOT ONLINE



SCAN TO BOOK



 QMUSU

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THE STUDENTS' UNION
QUEEN MARGARET UNIVERSITY
EDINBURGH
qmusu.org.uk

WELCOME

BOOKING
RECOMMENDED

with live band!

Ceilidh

Pron. /'kerli/

noun: a social event with Scottish music and traditional dancing

THU 7 SEP

7:30–11PM

1875 (Uni canteen)

£6 in advance
or £7 on the door



SCAN TO BOOK

f QMUSU

Q M U S U



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FREE

B

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12

63

*with prizes
to be won!*

MUSIC bingo

Bingo, but with music!

FRI 8 SEP

7:30–11 pm

Maggie's

FREE

2

31

B

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f QMUSU

Q M U S U



qmusu.org.uk

WALK TO FORT KINNAIRD

FREE



Join us for a short walk to check out shops, restaurants and the cinema.

SAT 9 SEP
12:00PM
MEET IN MAGGIE'S

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EDINBURGH
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FREE



f QMUSU

Q QMUSU



LOCAL AREA CLEANUP

SUN 10 SEP
10:30^{AM}-1^{PM}
MEET IN MAGGIE'S

JOIN STAFF & FELLOW STUDENTS AND
MAKE A DIFFERENCE TO OUR LOCAL
COMMUNITY! EQUIPMENT PROVIDED


THE STUDENTS' UNION
QUEEN MARGARET UNIVERSITY
EDINBURGH
qmusu.org.uk



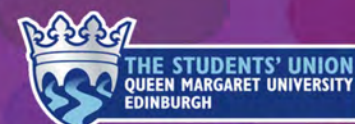
FREE

F*CK ME

it's Freshers' Fair!

#FRESHERS'FAIR2023

**MON 11 SEP
11AM-3PM
THE TENT**



qmusu.org.uk



GIVE IT A GO WEEK

TRY SOMETHING NEW THIS YEAR!



starting with our

SPORTS & SOCIETIES FAIR
TUE 12 SEP - 11AM-1PM & 2-4PM
THE TENT

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Q M U S U



qmusu.org.uk

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Q M U S U

native. Campus Events Platform

Introducing native! QMUSU's events, ticketing and sports & societies platform

Built with students in mind, native is a driving force in powering campus culture. As an extension of your Students' Union, native is at the heart of student life – a place to discover all the wonderful events, societies and experiences the campus has to offer.

Sign Up with your University email now!

@nativepresents

5 great things you can do with **native.**

1. Find out first about every event on campus

Categories

Search...

Club night

Society social

Add to calendar

+ Follow society

2. Follow promoters and stay organised

4. Download your MasterPass for easy access to all events

MasterPass



5. Send tickets securely with Ticket Transfers

– 2 +

Transfer

3. Payment Plans for increased flexibility

Payment Plans ▼

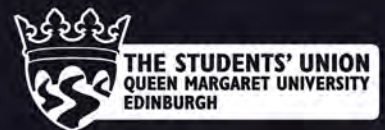
£22.50

Paid today

£22.50

30 Oct

events at



powered by

native.

RESLIFE AT QMU

All students living in Halls of Residence can access the ResLife programme. The ResLife team aims to create a fun and inclusive environment in which students feel welcomed, supported, and involved in our friendly community. ResLife offers an exciting range of social, educational, recreational and cultural opportunities both on and off campus, as well as pastoral care and support.



RESLIFE COORDINATOR

A support service is provided by the Residence Life Coordinator. They can offer you help and guidance on all aspects of living and studying at university.



SENIOR RESIDENTS

Senior Residents are returning students who live on campus. They visit flats fortnightly to check in with students, offer advice and answer any questions about university life.



EVENTS

If you have opted to live in on-campus accommodation, you will have exclusive access to a large variety of ResLife events that are organised especially for our residential students. The ResLife programme is not only intended to give you opportunities to socialise, meet new people and have a lot of fun, but also to give you a chance to learn some valuable life skills along the way!

RESLIFE AT QMU

MEET THE ALPACAS



CASTLE TRIP



WINTER BALL



VOTED SCOTLAND'S BEST NIGHTCLUB

W

WHYNOT NIGHTCLUB PRESENTS

OUR NIGHTS

FOR THE BEST NIGHT OUT IN THE CAPITAL VISIT THE MULTI AWARD WINNING WHY NOT NIGHTCLUB. EXPERIENCE OUR STATE OF THE ART SOUND AND LIGHTING, FIVE COCKTAIL BARS, A LARGE CENTRAL DANCE FLOOR WITH ON-LOOKING VIP BOOTHS, SCOTLAND'S ORIGINAL AND ONLY FULL LED ROOM, A LAS VEGAS INSPIRED VIP VAULT PRIVATE ROOM AND AN INCREDIBLE OUTDOOR GARDEN AREA.

MON

FLARE
Mondays

WED

LOVE
WEDNESDAYS

FRI

FILTHY
FRIDAYS

SAT

WING
WE ARE THE WEEKEND

VOTED SCOTLAND'S BEST NIGHTCLUB

2013, 2015, 2016, 2017, 2018, 2019, 2022



14 GEORGE ST | EDINBURGH | EH2 2PF | 0131 624 8633 | WNCLUB.CO.UK

W

WHYNOT NIGHTCLUB PRESENTS

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SPORT & FITNESS

OPEN TO EVERYBODY

WELCOMING & FRIENDLY

- GYM - WEIGHTS ROOM
- FITNESS CLASSES

PERSONAL FITNESS
PROGRAMMES

MEMBERSHIPS
FROM £11.00p.m.

EXPERT
STAFF

Contact us:

W: www.qmu.ac.uk/sports

T: 0131 474 0150

E: sportsreception@qmu.ac.uk



**Queen Margaret
University**
EDINBURGH



f QMUSU

Q M U S U

FOOD PANTRY

Fresh seasonal food available weekly at super cheap prices right on campus!

MORE INFO AVAILABLE SOON ON
www.qmusu.org.uk/groups/qmu-food-pantry


qmusu.org.uk

UNISON welcomes you to University and your new career in Healthcare.

Whilst this is an exciting time, it can also be stressful and challenging. You will be balancing clinical placements and coursework.

That's why it is important not to struggle alone. UNISON is the biggest trade union in the NHS and the biggest nursing union. We have UNISON Offices on every hospital site across Lothian that are staffed by Stewards daily, so help, advice and support is always at hand.

Come and visit the UNISON Lothian Health Branch stall at the Queen Margaret University on 11th September 2023, where you can enrol for £10 in return you will receive a £10 shopping voucher along with a goodie bag

Join UNISON Now 0800 171 2194 or visit
<https://unison-scotland.org/join-us/>

UNISON
Lothian Health

WHAT NEXT?

It doesn't all end after Freshers' Week! We organise events year-round – club nights, awards ceremonies plus all of the incredible fundraisers that our sports and societies organise.

To keep up to date with what's happening, visit www.qmusu.org and make sure you like and follow our Facebook/Instagram/TikTok pages.

Follow us on:



QMUSU



@QMUSU



@QMUSU

IF YOU SEE US AROUND CAMPUS,
DON'T HESITATE TO COME TO
SPEAK TO US IN PERSON!

KEY CONTACTS

Got a question about Freshers' Events, the Students' Union or the services offered by the HelpZone?
Get in touch using the contact details below.

QMU Students' Union
above Maggie's
union@qmu.ac.uk

HelpZone
in the Students' Union, above Maggie's
helpzone@qmu.ac.uk

GET SOCIAL

Join the [Queen Margaret University Freshers' 2023 group](#) on Facebook to start meeting other students, find out what is going on and have fun!

SEE
YOU
IN
SEPTEMBER!



Charity No. SC012608